



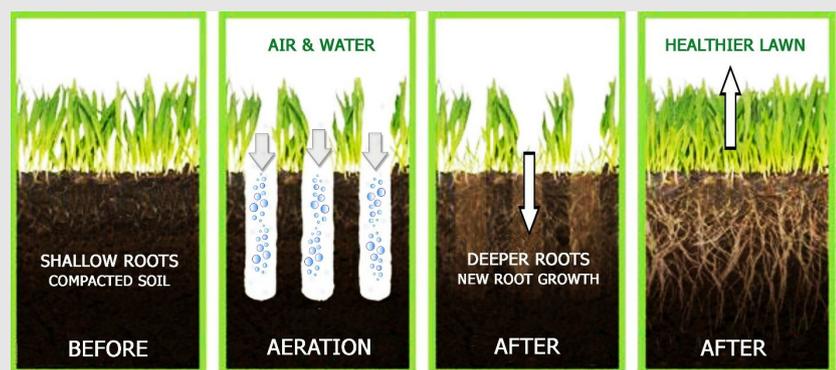
## Fall Aeration and Overseeding

Fall is a great time to rehabilitate your lawn, the weather is fair and your lawns roots are growing. You should always aerate your lawn first before seeding. Here you will find some helpful information on the benefits of aerating and overseeding.

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## Aerating Your Lawn

Aeration involves perforating the soil with small holes to allow air, water and nutrients to penetrate the grass roots. This helps the roots grow deeply and produce a stronger, more vigorous lawn. The main reason for aerating is to alleviate soil compaction. Compacted soils have too many solid particles in a certain volume or space, which prevents proper circulation of air, water and nutrients within the soil. See example below.



## Fall Overseeding

- Thickens and increases the density of thin lawns
- Improves lawn appearance
- Fills in areas of turf damaged by summer stress diseases or lawn damaging insects.
- Enhances the lawn's ability to fight damaging insects and diseases.